



ST JOHN'S College

ANNAPOLIS · SANTA FE

1160 CAMINO CRUZ BLANCA
SANTA FE, NEW MEXICO
87505-4599

505-984-6000
FAX 505-984-6003
www.sjcsf.edu

Dear Summer Conference Participant,

The College is fortunate to enjoy access to a wide variety of backcountry recreational options, and we'd like to suggest the following steps to help you take advantage of the wilderness at our back door.

Before you leave the main campus area for *any* trip in the wilderness (even short hikes or jogs!), please leave a note with your roommate, conference organizers, or the College Switchboard with the following information:

- Where you are going
- When you are leaving, and when you expect to return
- What you will be doing (e.g., jogging, hiking, taking photos, etc.)
- What you are taking with you (e.g., food and water, maps, compass, clothing, survival kits and communication devices)
- Who you are (physical description, where you are from, your level of experience, who is going with you, who to contact in an emergency)
- Any pertinent medical information or medications you are taking

The College will be aggressive with initiating a Search and Rescue mission for you if you are overdue, so please contact the person you leave this note with as soon as you return.

When hiking, we recommend you bring the following with you:

- Water
- Emergency Food
- Map and Compass
- Sun Protection
- Flashlight w/ Fresh Batteries
- Extra Clothes
- Whistle and Cell Phone
- Knife
- Matches and Firestarter
- Basic First Aid Kit

If you become lost...

- **Stay put** in the first place you realize that you are lost (unless it is not safe).
- Send off emergency signals: three whistle blasts, pause, then repeat.
- Drink plenty of safe water and eat some food.
- If necessary, make a shelter to stay warm and dry.
- Try to be visible, staying out in the open when possible.

Thanks!

Atalaya Search and Rescue Team

Following these procedures may help save your life in an unexpected emergency.

St. John's College is proud to have an alliance with Atalaya Search and Rescue. ASAR is a Mountain Rescue Association certified search and rescue team which has been operating out of Santa Fe, NM since 2002. They specialize in technical rescue and are qualified in all aspects of wilderness search and rescue including ground search and evacuation, winter operations and high angle rescue.